



Promoted for and on behalf of Cycling Time Trials under their rules, regulations and championship conditions

R.T.T.C NATIONAL CHAMPIONSHIP 24 HOUR TIME TRIAL

Promoted by

EAST SUSSEX CYCLING ASSOCIATION
President Ade Fadero

on behalf of
LONDON SOUTH DISTRICT COUNCIL

incorporating the

V.T.T.A. National Championship 24 Hour Time Trial

21st and 22nd June 2014

START SHEET



National Association for the over 40 year old racing cyclist

Officials

Event Secretary

Esther Carpenter
10 Maplehurst Road,
Baldslow,
St.Leonards-on-sea,
East Sussex, TN37 7NA

☎ (01424) 751581
Mobile: ☎ 07534 115068

Master Timekeeper

Mick Kilby

Timekeepers

Station 1 Richard Blackmore & Roy Canning
Station 2 Jane Lade & Graham Lade
Station 3 Mike Irons & Tony Palmer
Station 4 Les Hayman & David Watson
Station 5 Frank Cubis & Mike Labram
Station 6 Sue Balcombe & Richard Mead

Reserve
Tony Alston

Observers

Horry Hemsley & Tim Carpenter

Course Controllers

Jim Ithell & Paul Mephram

Lead Car/ Last Man Marshal

Tim Carpenter Mobile: ☎ 07542 107927
Barney Carpenter & James Carpenter

Course Signs

Robin Johnson & Dave Dallimore

Signing On

Gary Booth

Mechanic

Max Norrell (☎ 07534 115068/ 07542 107927)

Massage

Jackie McNay

Event HQ

Directions

The event HQ is Berwick Village Hall, BN26 6TD.

The event HQ will be clearly signed from the A22 and A23.

From the A22 (London Eastbourne Road) - Turn into Coldharbour Lane (an Event HQ sign will be positioned at the junction), approximately 1/2 mile north of the Boship round-a-bout. Continue straight on for 2 1/2 miles through Upper Dicker Village and past St Bede's school (pedestrian lights). Berwick Village Hall is on the right (Event HQ sign).

From the A23 (Lewes Bypass) - From Brighton follow signs A27 Lewes to the end of the Lewes bypass. Continue east via Selemeston to the Berwick/Alfriston round-a-bout (an Event HQ sign will be positioned at the round-a-bout). Turn Left to Berwick, cross over the level crossing at Berwick Station, and the Berwick Village Hall is on the left (Event HQ sign).

By Rail - Berwick Railway Station is 500 yards from the Event HQ. Train times can be found at the National Rail web site <http://www.nationalrail.co.uk/> or by telephoning 08457 484950

Parking

Space in front of Berwick Village Hall is limited and spaces will be allocated for event officials and emergency services (these will be marked). There is a large field at the rear of the hall for parking (signed Parking). Please park around the edge of the field, and NOT on the football pitch.

The lane past the Hall is a PRIVATE driveway and **MUST be kept clear at all times.**

The main road should be kept clear to avoid congestion. The Start is within sight of the Berwick Village Hall. No cars should be parked in the lay by. There is parking in Arlington Reservoir, adjacent to the start. If you Park here please be aware of competitors using the road.

The Hall will be open from 9 o'clock on Saturday until 2pm.

There will be hot drinks and cold snacks available in the Hall during Saturday until the

event starts, and from 9 o'clock on Sunday.

Night HQ

The night HQ is Herstmonceux Village Hall, BN27 4JX

The Hall will be open from 6 o'clock on Saturday until approximately 5.30am.

The night Event HQ is situated on the A271 to the west of Herstmonceux village. Access to the Hall is through the car park, via the short access road (a Night HQ sign will be positioned just before the hall).

There will be hot drinks available in the Hall during the night.

There is ample space in the Village Hall car park. Please be considerate of the local people and keep noise to an absolute minimum outside the Hall.

Event Start

The start is 500 yards from the Event HQ and will be indicated by direction arrows. There is parking opposite the start in Arlington Reservoir, but please be conscious of competitors and other road users when entering and exiting the reservoir car park

Observers

Official observers will be around the course throughout the event.

Riders

Signing on from 10:30 at the event HQ Where you can collect body & arm numbers and deposit car registration forms

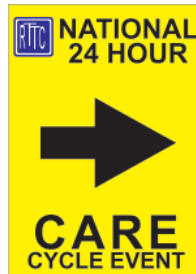
In the interests of your own safety, the C.T.T. and the event promoters strongly advise the use of a hard shell helmet that meets an internationally accepted safety standard.

It is the responsibility of each competitor who will be riding on the public highway after sunset and before sunrise to ensure they have the appropriate lighting.

It is also a legal requirement (Road Vehicles Lighting Regulations 1989) to use appropriately fitted pedal reflectors and also a rear reflector (which may be incorporated into a rear light) as well as front and rear lights when riding in the hours of darkness (between sunset and sunrise). The onus is upon the rider to obey the law.

Please take great care when navigating round-a-bouts.

You should note that there will not be marshals at every junction, but it is intended to place arrows around the course. You are responsible for ensuring that you follow the course correctly. Take Extra CARE at the RIGHT TURNS.



To reach the start from the HQ Turn Left at the Hall and follow the road to the North East toward the Dicker. The start is 500 yards from the Event HQ and will be indicated by direction arrows. There is parking opposite the start in Arlington Reservoir, but please be conscious of competitors and other road users when entering and exiting the reservoir car park

Riders should be aware that they risk disqualification for obstructing other riders at the start or on the finishing circuit or using these areas as a public toilet. Toilet facilities are available at the Event HQ

Please note that **C.T.T. Regulation 16** states that the number shall be centrally positioned below the waist so as to be clearly visible from the rear when in his normal riding position.



Please note that any rider whose number is not positioned correctly will not be allowed to start.

You must observe **C.T.T. Regulations No 21 (Paced and Company Riding) 22 (Use of Motor Vehicles) and 23 (Feeding)**.

Please note that the organiser will strictly enforce the regulations about pacing and the improper use of vehicles. Riders must ensure their helpers fully understand the restrictions placed on them. Helpers must not hand up food from a moving vehicle. They must not pace their riders using a motor vehicle or on a bicycle. They are only allowed to pass once in every ten miles.

Forms are enclosed so that you can register your support vehicle. The E.S.C.A. Committee will disqualify any rider guilty of infringing C.T.T. Regulation No 22.

Attention is drawn specifically to paragraph (c) which states:

Where vehicles are to be authorised a full description of the vehicle and registration number shall be given to the event promoter prior to the start of the

competitor. A competitor shall not be overtaken by his support vehicle more frequently than once every 10 miles. Where possible the vehicle must be driven at normal traffic speed and must not follow the competitor, nor impede or annoy other competitors. Any competitor whose authorised vehicle impedes or causes annoyance to any other competitor shall be liable to disqualification from the event.

Where any other vehicle precedes or follows for any length of time, or frequently passes a competitor, that vehicle shall be deemed to be associated with that competitor who shall be liable to disqualification from the event.

Please read this and ensure that your driver understands the restrictions of this regulation.

Support Vehicles on the circuit should take extreme care to avoid obstructing riders. No individual helpers are to park or operate within 300 yards of any circuit timekeeper.

When you finish make sure your helpers do not obscure the Timekeeper's view or impede other riders. Please note that NO Riders or Vehicles are to stop at the Timekeepers, but they must continue to a safe and convenient stopping point.

Please ensure you are conversant with **C.T.T. Regulation 25**. You are reminded all riders currently using an inhaler for medical reasons should register this fact with British Cycling to satisfy U.C.I., C.T.T. and B.C. anti-doping regulations

Unsupported Riders

Boxes will be available at the Event HQ for you to leave any items you require during the event such as food, clothing and lights. You should mark the box clearly with your number. The boxes will then be transported to the feed stations at Little Horsted round-a-bout, the junction of the B2192/B2124 (Kennel Corner) and at the Night HQ.

Feeding

No food or drinks will be handed up during the event. However, drink and food will be available at Little Horsted round-a-bout, junction of the B2192/B2124 (Kennel Corner) and at the Night HQ. Unsupported riders' boxes will be at these points. These feeds will be clearly signed. There will also be drinks in the lay by on the Polegate by-pass.

Directions

The course will be marshalled and there will be comprehensive



signage. The course will be indicated by yellow arrows. Directions for the Start and the various HQs will be indicated by White signs.



Riders should note that circuits will be closed at the discretion of the course controller to ensure the field of riders is not dispersed around the course. This will mean that some riders will not complete the number of circuits shown in the course details. Where necessary the course controller may determine that riders complete additional circuits because of their average speed, or to ensure that riders do not become bunched.

The onus is on the rider to follow the correct course

Massage

We are lucky that Jackie McNay will be bringing her massage table. It's a popular feature of the event and we'd like to suggest that you donate a minimum of £5 to her to cover the cost of her oils, etc. There will also be massage available in the Night HQ at Herstmonceux for £5.

A result board will be at the event HQ which will show provisional distances. Do not bother the Timekeepers. Information regarding non finishers will be welcomed.

The E.S.C.A. wishes all competitors a safe and enjoyable ride.

Marshals

The booklet has a map with the marshalling positions numbered. There will be a corresponding time shown that you should be in position.

Indicate the direction to be followed in a positive manner but Do Not Hold Up The Traffic.

Please wear a marshal's jacket. There will be jackets at the event HQ at Berwick Village Hall. If you borrow a jacket please either hand it to your relief or return it to the hall. Please return marshal's check sheets to the Last Man Marshal.

Please be careful and considerate where you park, and do not obstruct road signs,

Please record the riders number and the time they pass you (the time to the nearest minute is sufficient) on the check card. It is important to mark the time as this enables the master timekeeper to accurately check the riders progress and the event organiser to deal quickly with any enquiries, or complaints. **The Last Man Marshal will collect**

check cards and let Marshals know when the last rider has past through their position.

Timekeepers

Timekeepers should meet in Halland Forge Hotel car park at 8.00am to check watches and confirm timekeeping positions. Further details are on page 19..

Helpers

The hand book provides a map of the course and advice for Helpers, including where Helpers should avoid parts of the course that are narrow, where petrol can be obtained.

Please note that the speed limit through Halland is strictly enforced.

Catering

There will be hot drinks and cold snacks at the Event HQ on Saturday until after the event has started and after 12 o'clock on Sunday.

There are a numerous cafes and pubs on the course. There is a 24 Hour MacDonalds at Blackdown round-a-bout, and one open between 6am and midnight at Polegate. The Woolpack, Herstmonceux (BN27 4LJ) and White Hart, Horsebridge (BN27 4DJ) are cyclist friendly pubs.

Web Site

More details about the course, riders and the event can be found on the E.S.C.A. 24 Hour web site at <http://www.E.S.C.A.24hour.org.uk>. The provisional result will be posted on the web site as soon as it is available.

Sponsored Clubs

Born to Bike - Bridgtown Cycles ; VC Elan - Harry Perry Cycles; Sleaford Wheelers CC - Chandlers Mitsubishi - Solo Club

Photography

Kimroy will be taking photographs of the event for the C.T.T. and Mike Anton will be taking photographs for E.S.C.A.



Further Information

A Handbook accompanies the start sheet and contains detailed information about the event and course with information for all those involved. Please note that if there are any differences between the handbook and the start sheet the start sheet takes precedence.

Awards

Cycling Time Trials will be represented by Sheila Hardy, Chairman of the C.T.T. National Committee. The Veterans Time Trials Association will be represented by Jim Burgin, Chairman of the V.T.T.A. National Committee.

R.T.T.C National Championship

The Champion	Championship Trophy
Lady Champion	R.T.T.C Medalion
Team	R.T.T.C Medalion
40-44 Age Group	R.T.T.C Medalion
45-49 Age Group	R.T.T.C Medalion
50-54 Age Group	R.T.T.C Medalion
55 -59 Age Group	R.T.T.C Medalion
60-64 Age Group	R.T.T.C Medalion
65-69 Age Group	R.T.T.C Medalion
70 plus Age Group	R.T.T.C Medalion

V.T.T.A National Championship

The Champion	The C W Cooke Cup and the Champion's Jersey Gold Medal
Second on Standard	Silver Medal
Third on Standard	Bronze Medal
40-49 Age Group	Gold Medal
50-59 Age Group	Gold Medal
60-69 Age Group	Gold Medal
70-79 Age Group	Gold Medal
80-89 Age Group	Gold Medal
Tricycle Champion	Gold Medal
Lady Champion	Gold Medal
Team	Gold Medal

Each Finisher will receive a Plaque kindly presented by Ann Bath

The rider nearest to Chris Shepherd's 1999 mileage of 432.1 will be awarded a Rose Bowl.

Riders

No	Name	Club	V.T.T.A Group		Start
1	George Berwick	Edinburgh RC	Tandem		12.01
1	Phil Jurczy	West Lothian Clarion			
3	Paul Tunnell	Addiscombe CC	V53		12.03
4	Caroline Nye	Ashford Wheelers CC	LTV59	Kent	12.04
5	Trevor Hall	Thornton RC	V53		12.05
6	Rebecca Wilson	Rye & District Wheelers	LV49		12.06
7	Louise Laker	PMR @ Toachim House	L		12.07
8	Jane Moore	Willesden CC	LTV46	E Anglia	12.08
9	Malcolm Strickland	Thornton Road Club	V59		12.09
10	Peter Holley	East Grinstead Tri Club	V51		12.10
11	Tim Mcevoy	Newquay Velo			12.11
12	Martin Booker	Worthing Excelsior CC	V45		12.12
13	Bob Harber	Brighton Excelsior CC	V68	Sy/Sx	12.13
14	Simon Yates	Lewes Wanderers CC	V62	Sy/Sx	12.14
15	Peter Holland	Lincoln Wheelers CC	TV67	Not & EM	12.15
16	Tim Whitehead	Bec CC			12.16
17	Mo Leghari	Addiscombe CC			12.17
18	Ann Bath	Kingston Phoenix RC	LV65	Sy/Sx	12.18
19	Andrew Nye	Ashford Wheelers CC	TV58	Kent	12.19
20	Marcus Jackson-Baker	Willesden CC	V41		12.20
21	Stephen Morgan	Tooting BC	V46		12.21
22	Simon Waller	Kingston Phoenix RC			12.22
23	Diccon Hill	Cardiff 100 Mile RC	V42	Wales	12.23
24	Michael Morley	Kingston Phoenix RC	V72	Sy/Sx	12.24
25	George Marshall	Look Mum No Hands!			12.25
26	John Laker	Thornton Road Club	V54		12.26
27	Gregory Woodford	Reading CC	V53		12.27
28	Kenn Jordan	Epsom CC	V50		12.28
29	Robert Bullyment	Catford CC	V41		12.29

No	Name	Club	V.T.T.A Group	Start
30	Ian Crosby	Amersham Road CC	V50 Lon & HC	12.30
31	Paul Whitehead	Hampshire RC	V42	12.31
32	Simon Atkinson	Worthing Excelsior CC	V40	12.32
33	Simon Rounding	VC Elan		12.33
34	Russ Mason	Thornton RC	V65	12.34
35	Dale Sturman	West Suffolk Wheelers	V46	12.35
36	Tabitha Rendall	Club Cyclopark	LV43 Kent	12.36
37	Peter Baker	Lewes Wanderers CC	V56 Sy/Sx	12.37
38	Paul Jackson	Guernsey Velo Club	V48 Sy/Sx	12.38
39	Andrew Howett	Sleaford Wheelers CC		12.39
40	Laurence Hewetson	BADtri - SCU		12.40
41	Marina Bloom	Rugby RC	LV47	12.41
42	Neil Ridsdale	Bridlington CC	V56 Yorkshire	12.42
43	Mick James	Ashford Wheelers CC	V57 Kent	12.43
44	Andrew Waddington	Portsmouth NE CC	V45	12.44
45	Samuel Crossley	Dulwich Paragon CC		12.45
46	Jon Lewis	Charlotteville CC	V43 Sy/Sx	12.46
47	Matt Simmons	Andover Wheelers		12.47
48	Mike Sheldrake	Leicester Forest CC	V56	12.48
49	Stuart Stow	Hounslow & Dist Whs	V49 Lon & HC	12.49
50	Richard Horton	Sleaford Wheelers CC	V49	12.50
51	Bob Richards	RN & RM CA	V56 West	12.51
52	Martin Brown	7 Oaks Triathlon Club	V53 Kent	12.52
53	Bruce Dunbar	Redhill CC	V49	12.53
54	Justin Jones	Audax Club Hackney	V44	12.54
55	Jill Wilkinson	Chester RC	LV40	12.55
56	Simon Romaine	Yogi Cycling	V49	12.56
57	David Bellinger	Medway Velo Club	V41	12.57
58	Ben Fielden	GS Stella	V72 Sy/Sx	12.58
59	Edgar Reynolds	Congleton CC	V66 Man & NW	12.59

No	Name	Club	V.T.T.A Group	Start
60	Lynne Biddulph	Born to Bike	LV45 Midlands	13.00
61	Simon Trehearn	Kingston Phoenix RC	V40	13.01
62	Paul Gibbons	Lewes Wanderers CC	V44	13.02
63	Paul Day	Kingston Phoenix RC		13.03
64	Jonathan Shubert	High Wycombe CC		13.04
65	Ishmael Burdeau	Twickenham CC	V46 Sy/Sx	13.05
66	Toby Hopper	Cardiff Ajax CC		13.06
67	Steven Abraham	North Bucks RC		13.07
68	Michael Turner	Lewes Wanderers CC	V46 Sy/Sx	13.08
69	Ian Hodge	Southborough & Dist Whs	V55 Kent	13.09
70	Andy Payne	GS Stella	V50 Sy/Sx	13.10
71	Steve Davies	Addiscombe CC	V61 Lon & HC	13.11
72	Robert Gray	Pedal Power Loughborough	V42	13.12
73	Marc Crosby	Eton Tri		13.13
74	James Hughes	Bec CC	V40	13.14
75	Ultan Coyle	Look Mum No Hands		13.15

L = Lady; T = Trike; V = Veteran

V.T.T.A. Groups

E Anglia	East Anglia
Kent	Kent
Lon & HC	London & Home Counties
Man & NW	Manchester & North West
Midlands	Midlands
Nott & EM	Nottingham & East Midlands
Sy/Sx	Surrey Sussex
Wales	Wales
West	West
Yorkshire	Yorkshire

Course Summary



Course

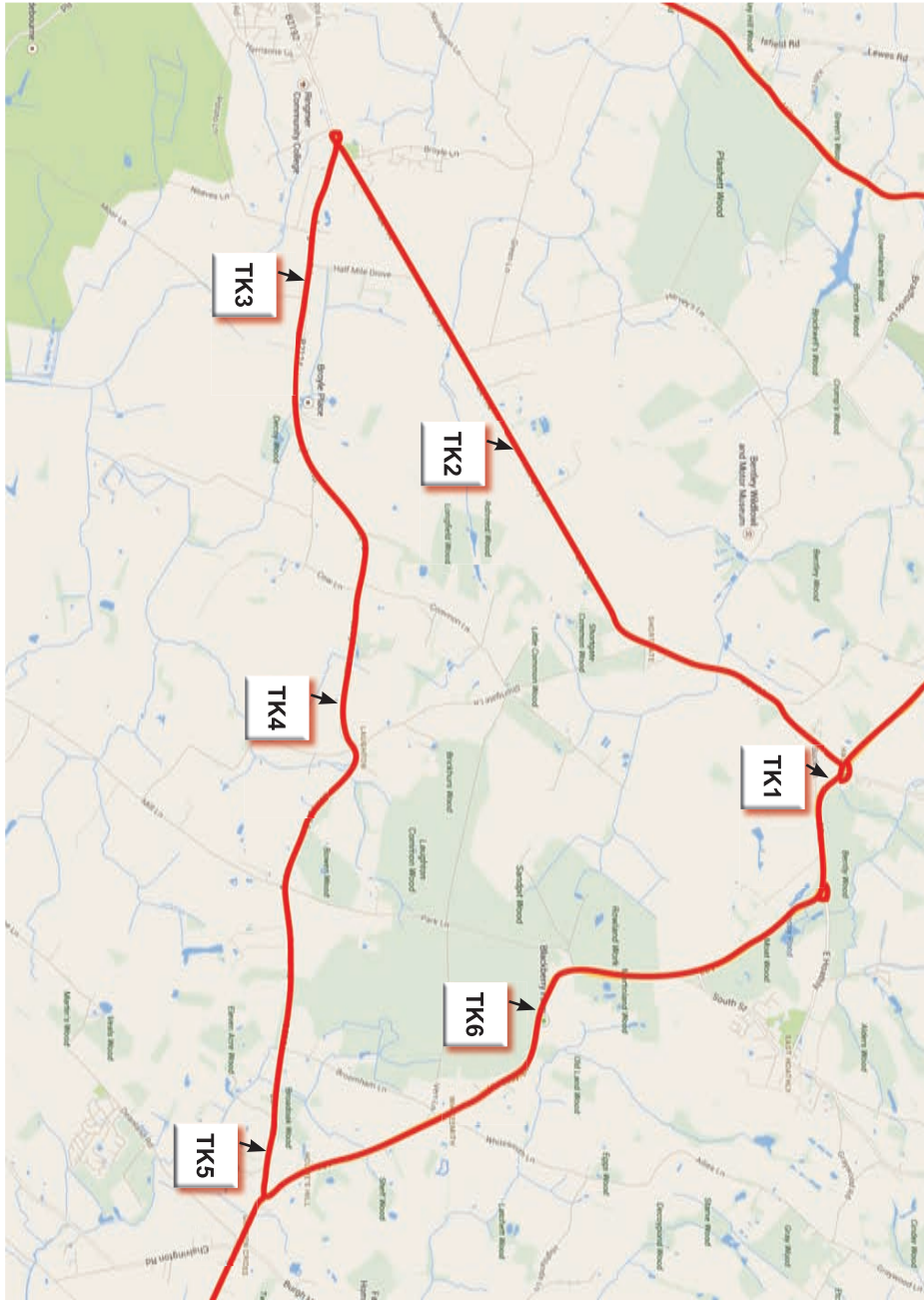
Riders should note that circuits will be closed at the discretion of the course controller to ensure the field of riders is not dispersed around the course. This will mean that some riders will not complete the number of circuits shown in the course details. Where necessary the course controller may determine that riders complete additional circuits because of their average speed, or to ensure that riders do not become bunched.

Course	Intermediate Distance	Cumulative Distance
START in Station Road, Berwick at end of lay-by opposite entrance to Arlington Reservoir, just north of Event HQ	0	0
Proceed to staggered crossroads at Lower Dicker (by St. Bedes School). RIGHT and Proceed via Arlington Road West to junction with A22. LEFT on A22 via Diplocks Way RBT (roundabout) to Boship RBT	5.88	5.88
LEFT 1ST exit and continue on A22 to junction with B2124. Left on B2124 to Kennel Corner mini RBT at Ringmer where TURN	7.38	13.26
3rd exit to retrace on B2124 to junction with A22 at Holmes Hill	4.90	18.16
LEFT on A22 and continue via The Shaw, Halland and Golf Course RBTs to Little Horsted RBT. (Start of 1st Little Horsted Circuit)	5.91	24.07
Straight on 2nd exit to start Little Horsted Circuit, follow A22 via Copwood and Black RBTs to Batts Bridge RBT	3.57	27.64
LEFT on A272 via Fire Station RBT and Newick (obey Pedestrian Lights) to junction with A275 at 2nd mini RBT in North Chailey	4.96	32.60
LEFT 1st exit and follow A275 to The Rainbow Inn, Cooksbridge	4.64	37.24

Course	Intermediate Distance	Cumulative Distance
SHARP LEFT (135 degrees) into Deadmantree Hill to first junction on Right before Galleybird Hall. Turn RIGHT and follow unclassified roads via Barcombe Cross mini RBT to junction with A26	3.90	41.14
LEFT and follow A26 to Little Horsted RBT (completion of first Little Horsted Circuit)	3.80	44.94
REPEAT CIRCUIT to Little Horsted RBT (2nd circuit)	20.85	65.79
REPEAT CIRCUIT to Little Horsted RBT (3rd circuit)	20.85	86.64
REPEAT CIRCUIT to Little Horsted RBT (4th circuit)	20.85	107.49
3rd exit to retrace on A22 southbound via Halland RBT to The Shaw RBT.	3.03	110.52
TURN and retrace on A22 northbound to Halland RBT	0.65	111.17
LEFT (to start 1st Broyle Circuit), follow B2192 to Kennel Corner RBT	3.63	114.80
SHARP LEFT (140 degrees) 1st exit and follow B2124 through Laughton to Junction with A22 at Holmes Hill	4.88	119.68
LEFT on A22 via The Shaw RBT 1st exit to Halland RBT (completion of first Broyle Circuit)	3.59	123.27
REPEAT CIRCUIT to Halland RBT (2nd circuit)	12.10	135.37
REPEAT CIRCUIT to Halland RBT (3rd circuit)	12.10	147.47
TURN and retrace on A22 via The Shaw and Holmes Hill to Boship RBT (to Start 1st Night Circuit)	5.49	152.96
RIGHT 3rd exit and continue on A22 via Diplocks way and Arlington Eagles RBTs to Cophall RBT, Polegate	3.66	156.62
LEFT in filter lane to join A27 via Dittons North RBT to Pevensy RBT	4.69	161.31

Course	Intermediate Distance	Cumulative Distance
STRAIGHT ON 2nd exit and follow A259 to junction with B2095 (Lamb Inn) Left	2.35	163.66
LEFT and follow B2095 through Hooe (care bends) to junction with A269 Ninfield	3.60	167.26
LEFT and follow A269 and A271 to Herstmonceux mini RBT. Straight on 1st exit and follow A271 via Battle Road RBT, Hawks Road mini RBT and Cuckoo Trail crossing (obey traffic lights) to Boship RBT (completion of first night circuit)	9.80	177.06
REPEAT CIRCUIT to Boship RBT (2nd night circuit)	24.10	201.16
REPEAT CIRCUIT to Boship RBT (3rd night circuit)	24.10	225.26
REPEAT CIRCUIT to Boship RBT (4th night circuit)	24.10	249.36
REPEAT CIRCUIT to Boship RBT (5th night circuit)	24.10	273.46
REPEAT CIRCUIT to Boship RBT (6th night circuit)	24.10	297.56
REPEAT CIRCUIT to Boship RBT (7th night circuit)	24.10	321.66
When Night Circuit is closed Straight on 2nd exit on A22 to junction with B2124. LEFT on B2124 to Kennel Corner RBT, Ringmer	7.38	329.04
3rd exit to retrace on B2124 to junction with A22 at Holmes Hill	4.90	333.94
LEFT on A22 and continue via The Shaw, Halland and Golf Course RBTs to Little Horsted RBT. (Start of 1st Little Horsted Circuit)	5.91	339.85
Straight on 2nd exit to start Little Horsted Circuit, follow A22 via Copwood and Black Down RBTs to Batts Bridge RBT	3.57	343.42
LEFT on A272 via Fire Station RBT and Newick (obey Pedestrian Lights) to junction with A275 at 2nd mini RBT in North Chailey	4.96	348.38

Course	Intermediate Distance	Cumulative Distance
LEFT 1st exit and follow A275 to The Rainbow Inn, Cooksbridge	4.64	353.02
SHARP LEFT (135 degrees) into Deadmantree Hill to first junction on Right before Galleybird Hall. Turn RIGHT and follow unclassified roads via Barcombe Cross mini RBT to junction with A26	3.90	356.92
LEFT and follow A26 to Little Horsted RBT (completion of first Little Horsted Circuit)	3.80	360.72
REPEAT CIRCUIT to Little Horsted RBT (2nd circuit)	20.85	381.57
REPEAT CIRCUIT to Little Horsted RBT (3rd circuit)	20.85	402.42
REPEAT CIRCUIT to Little Horsted RBT (4th circuit)	20.85	423.27
3rd exit to retrace on A22 southbound via Halland RBT to The Shaw RBT.	3.03	426.3
TURN and retrace on A22 northbound to Halland RBT	0.65	426.95
LEFT (to start 1st Broyle Circuit), follow B2192 to Kennel Corner RBT	3.63	430.58
SHARP LEFT (140 degrees) 1st exit and follow B2124 through Laughton to Junction with A22 at Holmes Hill	4.88	434.17
LEFT on A22 via The Shaw RBT 1st exit to Halland RBT (completion of first Broyle Circuit)	3.59	439.05
REPEAT CIRCUIT to Halland RBT (2nd circuit)	12.10	451.15
REPEAT CIRCUIT to Halland RBT (3rd circuit)	12.10	463.25
REPEAT CIRCUIT to Halland RBT (4th circuit)	12.10	475.35
REPEAT CIRCUIT to Halland RBT (5th circuit)	12.10	487.45
REPEAT CIRCUIT to Halland RBT (6th circuit)	12.10	499.55
REPEAT CIRCUIT to Halland RBT (7th circuit)	12.10	511.65



Finishing Circuit Timekeeper Position

Timekeepers - please meet at Halland Forge Hotel car park at 08:00hrs to set your watches and be allocated timekeeping positions

Course	Intermediate Distance	Cumulative Distance
TK1 on the A22 at white paint mark on kerb at centre line of square manhole cover In grass 16 yards past `round-a-bout/Hotel` sign and 70 yards before Halland round-a-bout	0.000	0.000
TK2 on the B2192 at white paint mark on 3rd tree back on left from entrance to Chandler`s	2.292	2.292
TK3 on the B2124 at white paint mark on kerb opposite electricity pole no 531824 just before junction with Moor Lane on Right	2.088	4.380
TK4 on the B2124 at white paint mark at centre of easternmost side gatepost of entrance to Laughton Lodge and opposite Home Farm Cottages	1.697	6.077
TK5 on the B2124 at white paint mark on road and on Telegraph Pole 9 and 143 yards past entrance to Pear Tree cottage on the left	2.012	8.089
TK6 on A22 at white paint mark on road edge and trunk of small tree and 114 yards north of centre of entrance to Blackberry Farm	2.048	10.137
TK1 on the A22 at white paint mark on kerb at centre line of square manhole cover In grass 16 yards past `round-a-bout/Hotel` sign and 70 yards before Halland round-a-bout	1.963	12.100



Twenty Four Hour Fellowship

Founded 1960 - President Jim Hopper

The 24 Hour Fellowship was founded in 1960 to promote the cycle sport of 24 hour time trials, and is open to anyone with an interest in riding or helping in these events.

The Fellowship operates two long distance time trialling competitions. These are for anyone who completes one 100 mile, 12 hour and a 24 hour C.T.T. recognised event. There is one based purely on average speed and the other is for Veteran's and uses the V.T.T.A. standards to calculate the best plus mph for the three distances.

The Fellowship also produces a journal twice a year containing articles, competitions, photographs, race reports and many other items of interest to long-distance cyclists. The annual subscription rates are:

- Individual £10-00
- Family £12-00

Subs can also be commuted for up to 5 years.

Secretary - John Hassall, 23 Hadrian Avenue, Dunstable, Bedfordshire, LU5 4SW
Telephone 01582 690641

Treasurer - Bob Richards, 9 Loughborough Road, St Budeaux, Plymouth PL5 1NS
Telephone 01752 215762

The web site is: www.24hourfellowship.org.uk



Veterans Time Trials Association

Founded in 1943 by E H Stevens
National Association for the over 40 year old racing cyclist

If you are over 40 and ride a bike you really should join the V.T.T.A. To join or get more information simply contact your nearest Group Secretary. Details of Group Secretaries' can be found from the officials page on each Group page at www.V.T.T.A..org.uk. Membership includes the cost of delivery of at least four copies of The Veteran, an informative and enjoyable news magazine, and a range of competitions..

